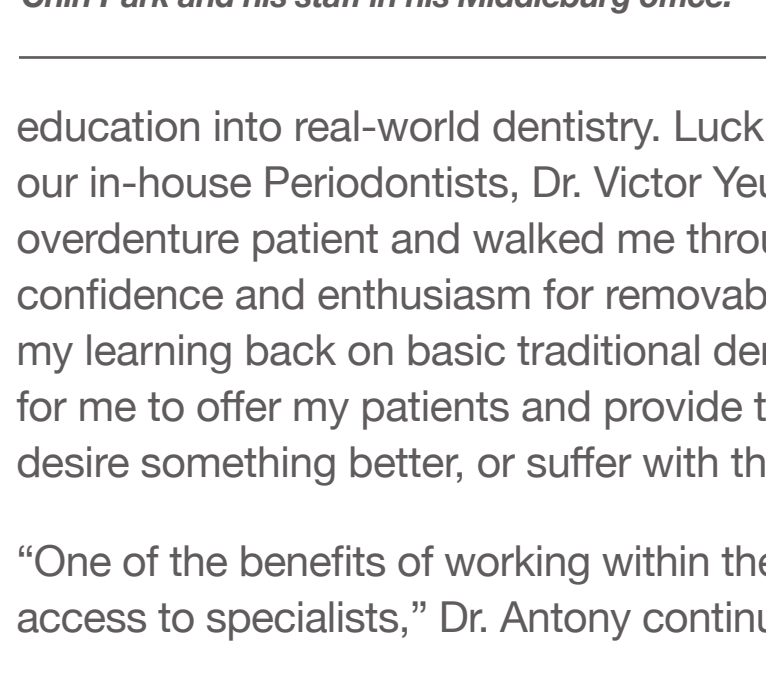


The Perspective

Dr. Antony Leads Greenberg Dental Overdenture Workshop June 15th

Dr. Kathryn Antony is a general dentist in the Atlantic Beach Greenberg Dental Office located in Jacksonville. In addition to general practice, Dr. Antony is known throughout Florida for the work she has done developing her skills with removable prostheses, and in particular, implant retained overdentures. She has made it a point to be an ongoing contributor to *The Perspective* as well as continuously refine her implant overdenture workflows and share them with others (**Pic. 1**). On June 15th, 2019, Dr. Antony will be the lead instructor for a hands-on, live patient overdenture program at the Greenberg Dental Education Center in Lake Mary, Florida.



Dr. Kathryn Antony (GP, Atlantic Beach) has mentored many general dentists throughout Florida with Traditional and Implant Supported Overdenture Therapy. Seen here working with Dr. Chin Park and his staff in his Middleburg office.

education into real-world dentistry. Luckily, within Greenberg Dental, this happened. Early on, I was approached by one of our in-house Periodontists, Dr. Victor Yeung (Jacksonville), and he invited me to coordinate on an overdenture patient and walked me through the steps (**Pic. 2**). This single experience boosted my confidence and enthusiasm for removable prosth. Interestingly, the experience inspired me to focus my learning back on basic traditional dentures and partials. Implant support was an important option for me to offer my patients and provide the potential of hopeful outcomes for those who might desire something better, or suffer with their dentures."

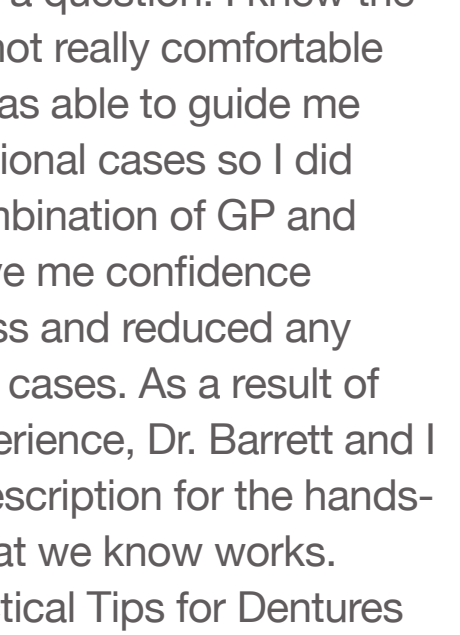
"One of the benefits of working within the Greenberg Dental multidisciplinary structure is having access to specialists," Dr. Antony continued. "We also have the support of more experienced



Case study



Dr. Kathryn Antony
GP, Atlantic Beach



Greenberg Dental Protocols for Overdenture Therapy Step by Step Guide Available on Resource Site.

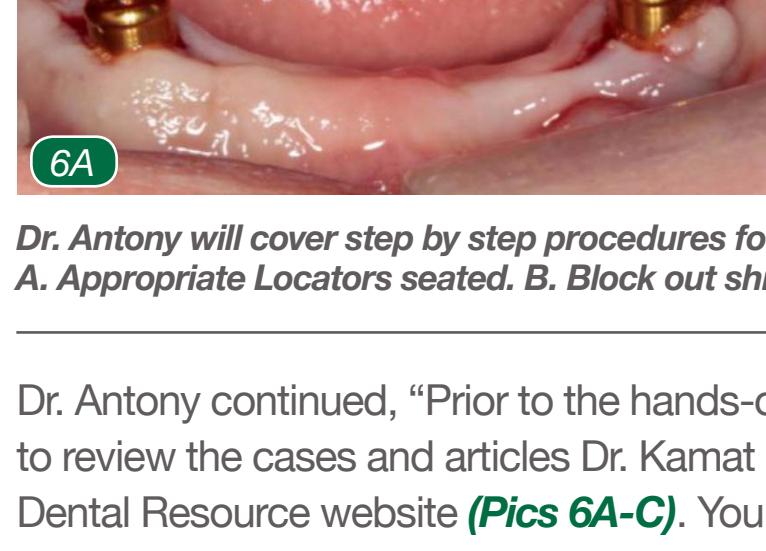
"The most satisfying procedure for myself and my staff day in and day out is offering implant retained dentures for patients," according to Dr. Amit Kamat (Prosthodontist, Central Florida). "When we incorporate dental implants and removable prosthodontics, all the research that is published on the topic of patient satisfaction really comes to light (**Pic. 3**). One patient story really sums up the experience for me. This particular patient was referred to us with denture issues. He was our last patient of the day and actually started to cry as he told his story. He was treatment planned outside of Greenberg Dental for dentures in hopes of reestablishing his ability to eat properly. Unfortunately, his quality of life with dentures went downhill further. The bottom would not stay secure and the top made him gag. He had lost hope at that moment that anything would improve. After relining the ill-fitting dentures, we tried to re-set realistic expectations for this distraught patient. He was reassured that there was hope. At Greenberg Dental, we have a comprehensive approach to patient care with general dentists who subspecialize like Dr. Antony and specialists like myself (OS, Perio, Endo) right down the hall to help all of our GP's manage cases like his. Shortly after we finished his initial treatment, which included an implant retained mandibular overdenture and new upper denture, he called and left a message on my cellphone. He was crying as he explained he finally could eat and he just finished one of his favorite all-time meals, a Wendy's double stack hamburger. He said "Doctor, I thought I was doomed. I am saving for the implants we planned for on the top. See you soon."

"He had lost hope at that moment that anything would improve. After relining the ill-fitting dentures, we tried to re-set realistic expectations for this distraught patient. He was reassured that there was hope."

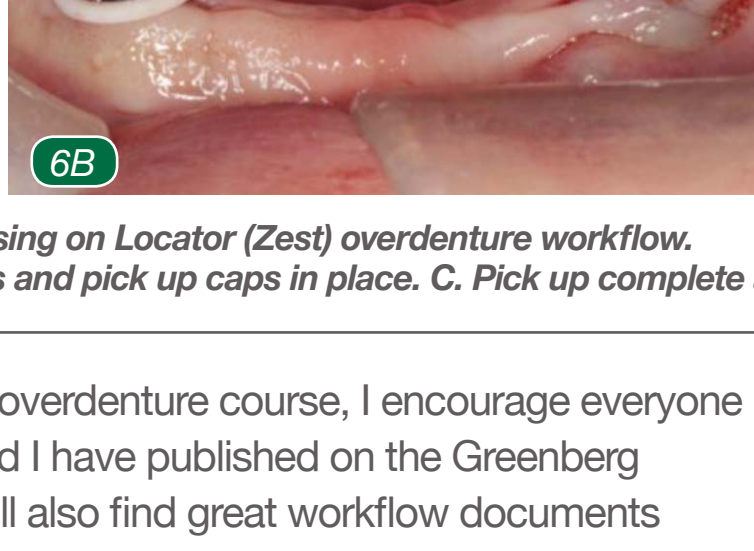
— Dr. Amit Kamat

and anatomy associated with the edentulous sites (**Pic. 4**). Dr. Scott Lawson (OS, Central Florida) added, "although there are many uses and applications for dental implants, my favorite by far is in conjunction with removable prosthetics. There is almost always enough bone available to place them, and patients are extremely happy with the end result. It's a life-changing procedure for the patient and extremely rewarding for me as a surgeon. Patients who are miserable with their dentures, returning to the office for countless sore spot adjustments are suddenly happy. In fact, it's a great practice builder as they often end up referring their family and friends for treatment. It is a highly predictable and productive procedure that I encourage our GP's to incorporate into their daily patient dialog. Having surgical and prosthetic specialty support makes it an easy transition."

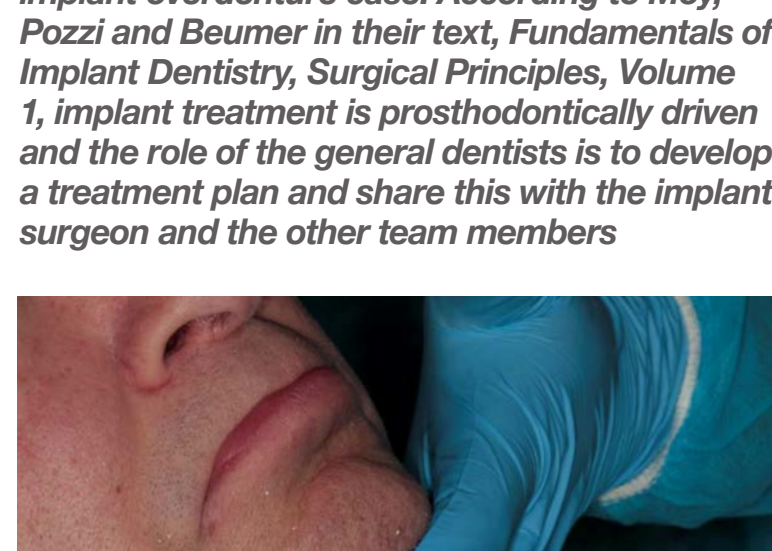
"Seeing how Dr. Antony is structuring her hands-on overdenture program, I could not be more supportive," Dr. Kamat went on to say. "She used the perspective she gained with the overdenture experience coordinated with Dr. Yeung early on and saw that implants can offer patients hope. She knew instinctively that implants are not the whole answer and recommitted herself to mastering the basics of removables (**Pics 5A-5B**) under the guidance of people like Dr. Bennett and the good lab network we have at Greenberg Dental. Fundamentals of removable are crucial in the big picture with and without implants. Achieving success comes from the clinicians understanding of prosthodontic denture principles for Stability, Retention, and Support. Implants provide the icing on the cake, but they are not the cake."



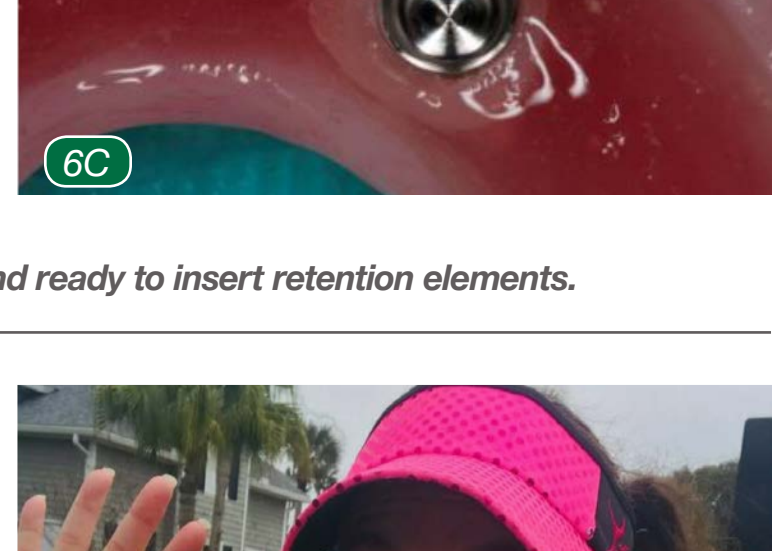
Dr. Antony will cover step by step procedures focusing on Locator (Zest) overdenture workflow. A. Appropriate Locators seated. B. Block out shims and pick up caps in place. C. Pick up complete and ready to insert retention elements.



Fundamental removable protocols will be covered in the June 15th program including fitting dentures and occlusion management. Well managed fundamental processes are crucial to clinically excellent outcomes with implants supported prosthesis, according to Dr. Kamat.



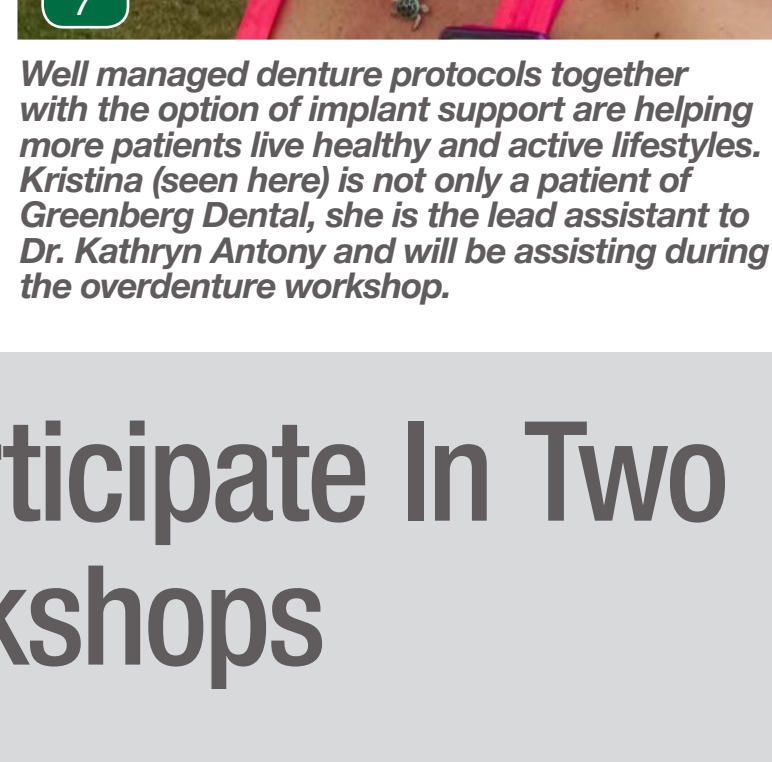
Dr. Scott Lawson (Oral Surgeon, Central Florida) seen collaborating with Dr. Quyen Pham (GP, Altamonte Springs) on mandibular implant overdenture case. According to Moy, Pozzi and Beumer in their text, *Fundamentals of Implant Dentistry, Surgical Principles, Volume 1*, implant treatment is prosthodontically driven and the role of the general dentists is to develop a treatment plan and share this with the implant surgeon and the other team members



Well managed denture protocols together with the option of implant support are helping more patients live healthy and active lifestyles. Kristina (seen here) is not only a patient of Greenberg Dental, she is the lead assistant to Dr. Kathryn Antony and will be assisting during the overdenture workshop.

Dr. Antony continued, "Prior to the hands-on overdenture course, I encourage everyone to review the cases and articles Dr. Kamat and I have published on the Greenberg Dental Resource website (**Pics 6A-C**). You will also find great workflow documents that were developed in coordination with Dr. Andrew Greenberg. Special thanks to Dr. Barrett for including this program in our Greenberg Dental Education Series.

As we prepare for this event, I leave everyone with this thought. I have a great assistant that is also a removable patient of ours. I have watched her live as a successful denture wearer and transition into implant retained overdentures. Her traditional dentures were comfortable, and she tolerated them very well. Yet, when we added implant retention, the game changed. She leads an active lifestyle and overdentures are the perfect complement to her busy schedule (**Pic. 7**). She is thrilled that she can now eat fresh carrots, bite into a sandwich, and throw away her denture adhesive. Working in close proximity with her, I was able to develop a great appreciation for well-done removable prosthodontics and empathy for the edentulous patient experience. I look forward to sharing what I learned, learn from your experiences, and be together on June 15th." 🍀



Kristina (seen here) is not only a patient of Greenberg Dental, she is the lead assistant to Dr. Kathryn Antony and will be assisting during the overdenture workshop.

Over 60 Greenberg Dentists Participate In Two Ceramic Veneer Hands-On Workshops

By Dr. Steve Barrett

Over the last several months I have written articles addressing many aspects of veneers such as diagnosis, preparations and temporization. On March 16th and 17th, this initiative culminated in the veneer hands on workshop at the Greenberg Dental Training Center in Lake Mary Florida. Sixty of our doctors had the pleasure of meeting Dr. Annamaria Muresan, ME, CDT (Director, Clinical Research) from Glidewell Laboratories, who lead the workshop. The lecture focused on case selection, veneer options, prep designs, shade selection, temporization and cementation. The presentation included clinical pictures and emotional videos of her patients as each patient's unique clinical situation and personal story was brought to life. Dr. Muresan's background as an engineer and her twelve years as a dental technician prior to receiving her dental degree, give her great insight into the nuances of veneers from start to finish. In addition to all of Dr. Muresan's accomplishments, she is now in the process of receiving her accreditation form the AACD.

Following the lecture, the participants were given the opportunity to practice veneer preparations on a one of a kind model co-designed by Greenberg Dental and Glidewell. The dentists could prep #6 through #11 using the Kerr Veneer Preparation Burs. Each dentist had the opportunity to work with either Dr. Muresan or myself if they needed guidance. Following the preparations, the temporization process was practiced using a putty matrix and Protemp from 3M.

This course was the second in series of three hands on courses Greenberg Dental has put together in the first half of 2019. Our third course is focused on overdentures entitled, "Practical Knowledge for Traditional Dentures and Overdentures that can be Implemented Predictably Tomorrow." Our focus with the ACL (Accelerated Learning Program) mentoring and training program at Greenberg Dental is to help empower dentists to continuously improve their knowledge and skills so they can comfortably apply the knowledge the very next day. Dr. Ryan Premier (GP, Soto Office Orlando Region) texted me after the program, "Dr. Barrett, after your veneer course I seated my first veneer today applying the knowledge from the course. I was able to stay ultra conservative and yet deliver a great result. Thank you for having the course!"

Thank you Dr. Premier and all sixty doctors who participated with great energy and enthusiasm. Special thanks to Glidewell, 3M, Kerr, the Greenberg Dental Assistant Trainers Luis Ramos and Elliot Perez, and the whole staff from Advanced Dental Materials. 🍀

Dr. Steven Barrett seen here dialoging with Dr. Quyen Pham (GP, Altamonte) and answering questions.

Dr. Andy Greenberg and Dr. Barrett together with Dr. Anamaria Muresan (Director of Clinical Research) during one of the breaks.

Dr. Barrett on day two shown working with Dr. Anson Rhodes (GP, Gulf to Bay), Dr. Vick Patel (GP, Rosemont), Dr. Andres Alberto (GP, Palmetto) can be seen in the foreground while Dr. Ripal Patel (GP, Winter Park) and Dr. Adnan Hosana (GP, Baymeadows) are in view directly behind him.

Dr. Ryan Premier (GP, Soto) seen here preparing the veneer model. Sitting to his left is Dr. Kathleen Foreman, (GP, Lauderhill).

Dr. Christine Phan (GP, South Tampa) and Dr. Hetty Hong (GP, Plant City) seen here working side by side.

Dr. Ripal Patel (GP, Winter Park) and Dr. Adnan Hosana (GP, Baymeadows) consulting with the lead instructor Dr. Anamaria Muresan.

Dr. Steven Barrett seen here dialoging with Dr. Quyen Pham (GP, Altamonte) and answering questions.

Dr. Andy Greenberg and Dr. Barrett together with Dr. Anamaria Muresan (Director of Clinical Research) during one of the breaks.

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Dr. Ripal Patel (GP, Winter Park) and Dr. Adnan Hosana (GP, Baymeadows) consulting with the lead instructor Dr. Anamaria Muresan.

Greenberg General Dentists Give Time To Mentor Next Generation of Aspiring Woman Dentists

By Dr. Christine Phan and Dr. Violet Laurey

Two Greenberg Dental general dentists were invited to participate in the University of South Tampa (USF) American Student Dental Association (ASDA) Pre-Dental "Women In Dentistry" event March 30th on the campus of USF. Dr. Christine Phan (GP, South Tampa), and Dr. Violet Laurey (GP, Lakewood Ranch) sat on the panel and shared their professional and personal journeys as dentists with the students. Dr. Christine Phan graduated from UFCD in 2013 and is practicing in South Tampa. Dr. Violet Laurey graduated from UFCD in 2017 and practices in Sarasota. Discussions ranged from the process of achieving acceptance into a dental school, how to study for the DAT, life in dental school, balancing private and professional relationships, and the field of dentistry itself. According to Dr. Phan, "the young ladies from USF ASDA, led by Gabriela Hunter (USF ASDA Vice President) were highly engaged and asked great questions." Dr. Laurey shared, "both Dr. Phan and I were happy to share our stories and help answer questions from the ladies of USF ASDA. I think it is important to remember how it was when we were in their shoes and trying to get into dental school. It is important to me to help others who are on a similar path learn from our experiences. We were honored to offer our help as well as represent Greenberg Dental in the dental community." 🍀

Dr. Christine Phan (GP, South Tampa) and Dr. Violet Laurey (GP, Sarasota North) both in light blue scrubs, where shared their experiences with the USF Pre-dental group.

Gabriela Hunter (Vice President-USF ASDA Pre-Dental Society) organized the event. She is seen here in a black blouse between Dr. Laurey and Dr. Phan.

Annual Orthodontic Summit Held At The Greenberg Dental Education Center

By Dr. Bryan Long, DDS, Dr. Scott Arant, DMD

March 2019: Greenberg Dental and Orthodontic held an annual summit for all Greenberg Dental Florida orthodontists and affiliated orthodontists from around the country. The two-day CE event was hosted at Advanced Dental Materials in the Greenberg Dental Education Center (Lake Mary, FL.) All orthodontists in attendance participated to share best practices as well as effective techniques to enhance the coordinated care with Greenberg Dental in-house general dentists and fellow specialists. The weekend was highlighted with a lecture from the world-renowned speaker Dr. Alan Bagden. Dr. Bagden is a co-author of the Damon workbook and is well published in the field of self-ligating mechanics. Dr. Bagden is a frequent lecturer in contemporary orthodontics and specializes in using a computer-aided smile design system. Dr. Bagden is recognized as a pioneer in the use of advanced metals for arch wires (such as the heat-sensitive NiTi arch wires) and worked closely with Dr. Dwight Damon to develop the Damon bracket system. The focus of the workshop was to evaluate how to better implement this premium bracket system in the Greenberg Dental model in a way that best serves our patients and referring dentists. 🍀



Dr. Alan Bagden
Author and Speaker

ADM Update On Veneer Supplies

Advanced Dental Materials

Update from Advanced Dental Materials By Monica Stepniowski, Director of Operations

In support of the Veneer Workshop and alignment with the Barrett Esthetic Protocols, all of the items utilized at the recent courses are available within Netsuite.

Dr. Barrett's Rotary Requirements for Veneer Prep:

- BUR FC6844-014
- BUR FC6844-016
- BUR M834-016
- BUR M834-021
- BUR SF134-014

For any questions, please e-mail Dr. Barrett or contact your representative at Advance Dental Materials. 🍀

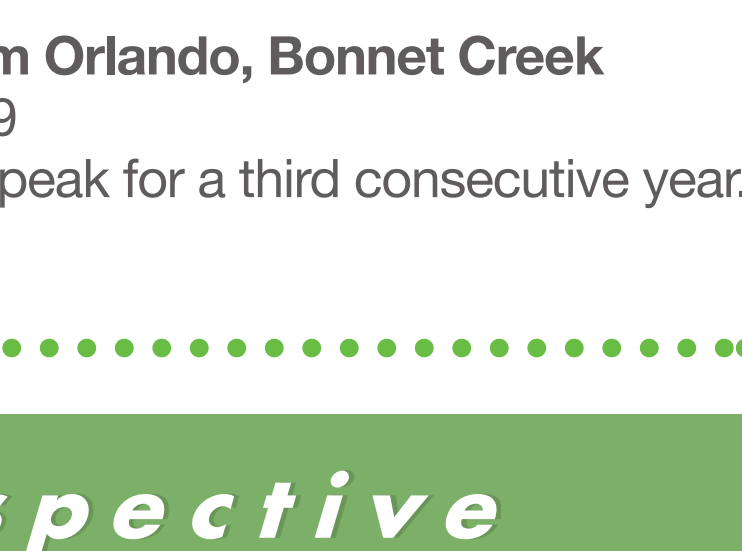


Clinical Tips From Your Colleagues – Throwback Edition

By Dr. Steve Barrett

Now Available Through ADM

Before treating anterior teeth, in addition to having study models and photographs, make sure to take measurements of tooth lengths. An inexpensive digital caliper (**Pics 1, 2**) will be your best friend. This will ensure the lab can replicate the esthetic dimensions you request. It is especially important when a Motivational Mock-Up is done. Yet, even if I am not making changes to the length of the teeth, I still measure. This is a common step that is overlooked and can result in patients being unhappy with their provisionals. The lab fabrication of the BioTemps and final restorations will be predictable if you measure! 🍀



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The Structure To Perform. The Team To Help. Let Us Help You Exceed Your Expectations.

We welcome your feedback or any questions!

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All inquiries are confidential and go directly to Dr. Andrew Greenberg

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